**Hormones as Chemical Messengers**

* Outline the role of a hormone.
* List the glands that secrete hormones.
* Explain why the pituitary gland is known as the master gland.

**Examples of Hormones**

* List the homeostatic response of three hormones.

**Types of Hormones**

* Compare hydrophilic and hydrophobic hormones.
* Suggest a reason why hydrophobic hormones require a transport protein.

**Targeting Specific Cells**

* Explain how hormones target specific cells and not others.